

Pacific Northwest Pranic Healing

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March 2009 Newsletter

"Imagine people not only talking about doing good things, but actually doing them."
— GrandMaster Choa Kok Sui



Portland Arhatic Day March 21st

Arhatic Practitioners are invited to gather for a "mini-retreat" on Saturday, March 21. We will begin gathering at 9 a.m., and will start a day of practice about 10:00 a.m., which will conclude about 5:00 p.m. We'll exercise, we'll meditate, we'll discuss, we'll share a meal, and we'll do some healing. If you are able to join us, please RSVP no later than March 7. The location is still to be determined and will be based on number of attendees. We'll do a potluck lunch. RSVP to [Linda Negrin](#). All tithes to support PNW Pranic Healing. Wondering what Arhatic is? Read more about it [here](#).



Local Kriyashakti Group forming in Portland. If you have taken Kriyashakti, so happy to have you to join us! We plan to meet five times in 2009: **March 20; June 21; August 15; September 23; and December 21.** Bring your projects and feel the power of a group manifestation! If you haven't taken the class yet, you can [read more](#) about it, see some [FAQ](#), and start preparing to take it [next time it is offered!!](#) Please [rsvp](#) for meeting information.

If you are interested in having Kriyashakti and Feng Shui offered in the Pacific Northwest, (and would plan on taking the class,) please let [Tom Park](#) know.

Any **Associate Certified Healers** who would like to be listed on the PNW Pranic Healing.com website, please [send us](#) your information and a photo. Thanks!

A big **Thank You** to the volunteers who helped with Spanish Translation project, who are helping with the Database project, who donate in-kind items and time at our healing clinics!!!



Wish List

Laptop Computer for use by our Treasurer. Please let us [know](#) if you have one!

We are a 501 (c) (3) tax exempt organization.

Calendar Summary:

(for complete listings, [click here](#))



Full Moon meditation

March 10, 7:00 pm

Intro

March 1 in Richland, WA

March 6 in Hillsboro, OR (*new*)

Scanning Skills Review

April 11 in Spokane, WA

May 30 in Seattle, WA

PH Level I

March 14-15 in Hillsboro, OR

March 14-15 in Bend, OR

March 21-22 in Richland, WA

April 25-26 in Portland, OR

May 2-3 in Bonners Ferry, ID

May 27-28 in Portland, OR

June 27-28 in Seattle, WA

PH Level II

June 13-14 in Portland, OR

PH Level III

July 18-19 in Portland, OR

Arhatic Day

March 21- Portland Arhatic day

Spring Retreat

May 15-18 in Victoria BC (for all level Pranic Healers)

Open Steering Committee

meeting May 4. 7pm — please [rsvp for location](#)

Multnomah Day's Parade &

Founder's Day Picnic

August 15 - Portland



Every month on the Full Moon we enter into a time of tremendous opportunity. We are able to tap into the "peak down pouring of Divine energies for that month" due to the unique spiritual potency that is available when the Solar energy is unimpeded by the physical body of the moon. The down pouring of spiritual energy (and potential for soul contact) is significantly increased. When we meditate together as a group, we increase this potential many times over. This potentiated energy can be utilized for both individual and collective healing through Blessing. We can also bless to empower our projects and goals. Full Moon Meditation translates to Group Service Through Group Meditation.

Please join us in Portland for Meditation on Twin Hearts for Illumination and Planetary Healing every full Moon at 7pm. Bring your projects and goals to bless.

For people outside the Portland Metro area, please consider starting your own group, or joining an on-line community for your meditation:

[Meditation on Twin Hearts Live](#) (different languages)

[PPM Audio Stream Full Moon Meditation](#) (streaming on-line)

[PranaTalk - conference call](#) (need to join email list for codes)

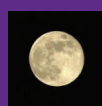
Portland Full Moon Meditation

7 pm on **March 10**

Dundee Rec Room
Waverley Greens
Apts.

10300 SE Waverley
Ct, Milwaukie
97222

For directions,
please call Linda
Merrick at 503-
659-7463



Free Clinics

Vancouver, WA

■ Mondays 7-9 pm
Barberton Grange
9400 NE 72nd Ave.

Portland, OR

■ Tuesdays 7-9 pm
(healers pre-meeting at 6:30 pm)
Multnomah Arts
Center
7688 SW Capitol
Hwy

■ Wed. 10a-12 noon
Pine Street Comm.
Acupuncture
215 SE 9th Ave #104

Hillsboro, OR

■ Mon. 7- 9 pm
Rose Springs Center
5215 NE Elam
Young Pkwy, #A

Forest Grove, OR

■ Contact Cheri for
info 503-357-4284

Seattle, WA

■ 4th Monday 7-9 pm
Cherry Blossom Clinic
2719 California Ave SW

■ 2nd Monday
Seattle Healers Only
Lauren Larkin's
house.

[Email for info.](#)



Are you talented, enthusiastic and good with numbers? Are you looking for a way to contribute your knowledge? Do you want to do service by volunteering at your own pace? Do you want to apply your talent to help support this organization and its development? We would love to talk with you about our current volunteer opening: **Treasurer**. We are offering training!! Duties include:

Initial Training (3-6 hours)

Bookkeeping (3-4 hours/month)

Emails and meetings (3-6 hours/month)

End of Year reports (to be determined)

IRS Research and Updates (3 hrs/year)

Tax and Corporate filings (3 hrs/year)

If you are interested in helping in a large or small way in this endeavor, please [contact us](#) to learn more.

2009 Spring Retreat with Master Nona Castro

May 15 (evening) - 18, 2009

Location: Camp Thunderbird

Victoria, BC, Canada

The Retreat fee includes 3 nights accommodation, breakfasts, lunches and dinners. All are vegetarian meals. Please indicate on the registration form if you have any food allergies. All Pranic Healing students are invited to participate. **Space in the heated cabins is limited to 40 people.**

For more information check [this website](#).

For Carpooling info, [click here](#).



March 19th

Honoring and Celebrating the Life of Grand Master Choa Kok Sui

A special meditation to honor and celebrate the life of our beloved Guruji, Grand Master Choa Kok Sui was audio-streamed live on Wednesday, March 21st, 2007 at 10 am GMT.

Please click on the button for the archive of the Audio Stream

[click here](#)

Master Choa Kok Sui

The Man Who Kept His Promise

[Click to watch youtube video](#)

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